



NorCal Graduating Senior Packet

For the parent's
of graduating seniors
2011

Norcal honors its seniors each year in a small ceremony that is held right before the awards of the State Meet for that gymnast's level. NorCal provides flowers for this event. The flowers are given to the gymnasts by the parents as the gymnast's name is called. After this part of the ceremony a video is shown highlighting the graduating seniors.

For all this to happen we need some information and media from you.

For the program and first part of the presentation.

On the next page is a form for you and your daughter to fill out. It asks information about what college she is going to, if she has received a scholarship or not and other information about her. All this information is used to announce her at the ceremony at the State Meet. This information along with a head shot will be used in the program. You will need to mail this form with a head shot to **the state meet host for your daughter level. The head shot may not have a photographer's name on the front or the back!** It is against copyright law to reproduce these pictures. If you don't have one without a photographer's name, we ask that you take one personally and include it. You may send pictures on CD if you would like.

Below is the list of the State Meet host for this year and their addresses.

Level 7 State - Liberty Gymnastics Training Center
Terri Nuno
2330-A Bates Avenue
Concord, CA 94520
BUSINESS PHONE (925) 687-8009
FAX (925) 687-7009

Levels 8/9/10 State - Champion Gymnastics Academy
Chuck Krause
PMB 712
1163 E. March Lane, Ste.D
Stockton, CA 95210
BUSINESS PHONE (209) 477-8978
FAX (209) 464-5393

For the video part of the presentation:

VG Productions will be producing a video to be shown at the various State Meets. To have your daughter in this video you must send tapes and pictures to VG Productions, 210 Alvarado Ave, Pittsburg CA 94565.

Please send ORIGINAL tapes or digital media and photos – do not send copies this will reduce the quality of the video if your camera is tapeless please send the original file off the camera please do not re-encode the file for a dvd. If the pictures are digital you may email them or burn them to a cd.

Send baby pictures, old video of their first meet, videos of the present competitions, anything and everything. Please label each tape with gymnast's name and address. If there is a part of the tape you like give the time code of the parts you like on a separate piece of paper. ***Please do not copy to a DVD or send your daughters college video DVD.*** If no tapes are sent – they will not be in the video. This is all needed by the February 25th. If you have any questions please contact Mike Guzman at mike@VG-Productions.com. There is an order form at the end of this packet to preorder the video. Please make checks out to "VG Productions". Pre-Orders that will be picked up at the State meets will not have to pay a shipping charge. Only a limited number will be available to purchase after the State meets.

Norcal Senior check list

Send the following to VG Productions.

- Baby picture
- Present picture
- Video of when she was young doing gymnastics.
- Video of present gymnastic competition or work out.

If she is a level 7 gymnast.

- Fill out NorCal Graduating Senior Form
- Get a present picture **without** photographers name on front or back (pictures with the photographers name on them cannot be reproduced for the program do to copyright rules)
- Send both to
Liberty Gymnastics Training Center
Terri Nuno
2330-A Bates Avenue
Concord, CA 94520
BUSINESS PHONE (925) 687-8009
FAX (925) 687-7009

If she is a Level 8,9 or 10 gymnast.

- Fill out NorCal Graduating Senior Form
- Get a present picture without photographers' name on front or back (pictures with the photographers name on them cannot be reproduced for the program do to copyright rules)
- Send both to
Champion Gymnastics Academy
Chuck Krause
PMB 712
1163 E. March Lane, Ste.D
Stockton, CA 95210
BUSINESS PHONE (209) 477-8978
FAX (209) 464-5393

NorCal Graduating Senior Form.



Name of Gymnast _____

Parent(s) Name _____

Will the parents be attending this years State Meet (They will be presenting flowers to their daughter)? yes no .

If no do you want norcal to provide someone to present the flowers or do you want their coach?

Coach NorCal provide presenter

Competitive Level at this years State Meet _____ Number of years participating in gymnastics: _____

Gym Affiliation : _____

Gym Address : _____

Coach's Name : _____ Phone# : _____

Current High School Attending: _____

High School Address: _____ Graduation Date: _____

What college will she be attending next year _____

Has she received a scholarship yes no What will she be majoring in? _____

Outside activities _____

Fun Facts _____

Please include a head shot. **The head shot may not have a photographers name on the front or the back!** It is against copyright law to reproduce these pictures. If you don't have one without a photographer's name, we ask that you take one personally and include it. You may send pictures on CD if you would like. Mail with this form to the gym hosting your daughter's State Meet.

Level 7 State

Liberty Gymnastics Training Center

Terri Nuno

2330-A Bates Avenue

Concord, CA 94520

BUSINESS PHONE (925) 687-8009

FAX (925) 687-7009

Levels 8/9/10 State

Champion Gymnastics Academy

Chuck Krause

PMB 712

1163 E. March Lane, Ste.D

Stockton, CA 95210

BUSINESS PHONE (209) 477-8978

FAX (209) 464-5393



VG Productions will be producing the NorCal Graduating Seniors Video again this year. This video will be shown at all the Optional Level State Meets. If you have a graduating senior please send video and pictures to VG Productions, 210 Alvarado Ave, Pittsburg, CA 94565. **Please send ORIGINAL tapes or digital format and photos – do not**

send copies or encode and burn to a DVD this will reduce the quality of the video. Send baby pictures, old video of their first meet anything and everything. Please label each tape with gymnasts name and address. If no tapes are sent – they will not be in the video. This is all needed by February 25th. If you have any questions please contact me at mike@VG-Productions.com . There is an order from below to preorder the video. Pre-Orders that are prepaid and will be picked up at the State meets will not have to pay a shipping charge Only a limited number will be available after the meet. Please fill out the information below and send this form with your videos even if you do not order.

Send the following to VG Productions with this form

- Baby picture may be digital on cd
- Present picture may be digital on cd
- Video of when she was young doing gymnastics use footage from _____ to _____
Or footage from _____ to _____
Or footage from _____ to _____
- Video of present gymnastic competition or work out use footage from _____ to _____
Or footage from _____ to _____
Or footage from _____ to _____

Please send original video. If video is digital burn original format to a cd or send memory card. **Please do not encode and burn to a DVD!**

Thank you
VG Productions

NORCAL SENIOR 2011 VIDEO ORDER FORM

Gymnasts Name _____ Gym _____
 Level _____ Parent's Name _____
 Address _____ City _____
 State _____ Zip _____ Phone _____

Item	Quantity	Cost Each	Total Cost
NorCal Senior 2011 Video DVD		\$35	
Total Enclosed			

Make checks out to:

VG Productions, 210 Alvarado Ave, Pittsburg, CA 94565
925 351-6126
www.VG-Productions.com